



Forgiveness: The Real “F” Word

PART - 3

WEEK 13 - AUGUST 13, 2017

DEVOTIONAL QUESTIONS:

1. Pastor Lance shared a story about Lucille Ball looking for her earrings in the room where there was better light, and not where they were lost. How does this story relate to how we make decisions to forgive others? Ourselves?
2. What is your greatest challenge when confronted with the decision to forgive others?
3. How does forgiving others, change the narrative of your story with Jesus?
4. What does a more hopeful version of your narrative sound like, look like and feel like?
5. In what ways has the poison of “not forgiving” affected your life?
6. In what ways has the healing ointment of “forgiving” impacted your life?

NEXT STEPS:

1. Pastor Lance mentioned 4 commitments to make when forgiving others. Which one of those is the most challenging to you and what will you do this week to embrace the challenge and cultivate a healthier heart in partnership with Jesus?

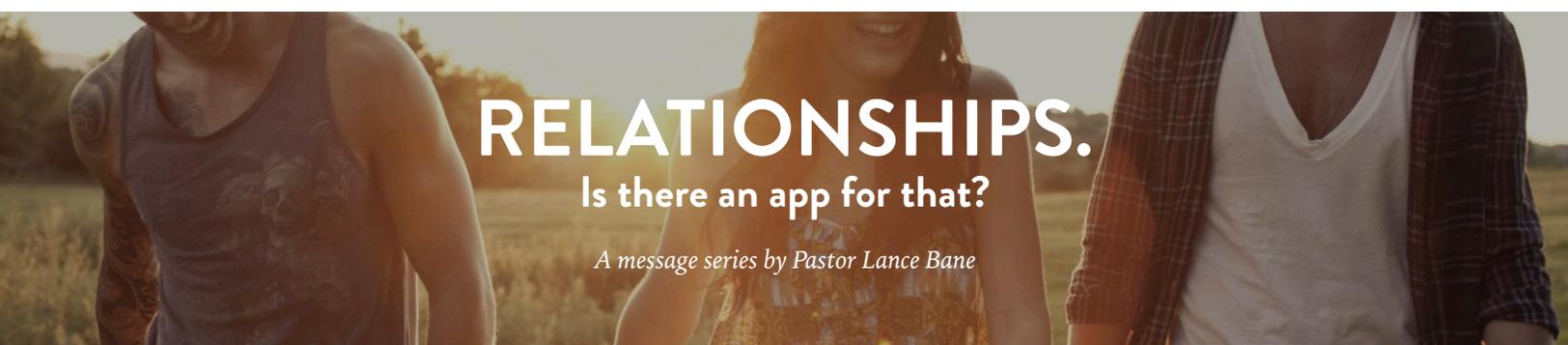
RELATIONSHIPS.
Is there an app for that?

A message series by Pastor Lance Bane

2. If success in life is more dependent upon health and not intellect, what will you do this week to make heart health a priority?
3. What does the bible say about who you are becoming as you assertively pursue a “forgiving lifestyle”?
4. This week, how will your words reveal that you are rooted and established in love (Ephesians 3:18)?
5. Read Matthew 18:22, 35, John 14:30, Luke 7:47, 15:20. How do these passages inspire hope and a lifestyle of freedom from the pain of offense and violation?
6. Spend 10-15 minutes a day embracing quiet space. Pay attention to what Holy Spirit wants to do in you. Do you feel you want to hurry up and get this over with, linger in pain or embrace the deep formative work of Holy Spirit? Write down or artistically express what you are learning.
7. Share you story of liberation with another.

***SMART Goals:**

- a. Specific - Can you state specifically what you are doing?
- b. Measurable - How can we measure this goal so we will know when you have reached it?
- c. Attainable - Is it within your capabilities and does it depend on you?
- d. Relevant - Do you care enough about this goal to make it a priority?
- e. Time Specific - It has a deadline.



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