

4 Commitments for Healthy Relationships

PART - 2

WEEK 8 - JUNE 25, 2017

DEVOTIONAL QUESTIONS:

1. When you think of your key relationships, what are you celebrating?
2. How do you maintain your unique identity when you consider your key relationships?
3. How has putting Christ first, made your relationships stronger, healthier and more enjoyable?
4. What is your greatest challenge when you consider the Commitment of Possession and the Commitment to Purity?
5. How are you allowing others to live free, while communicating what you need?
6. Describe how you are providing safety for others so that they have room to make mistakes, clean them up and strengthen connection?

RELATIONSHIPS.
Is there an app for that?

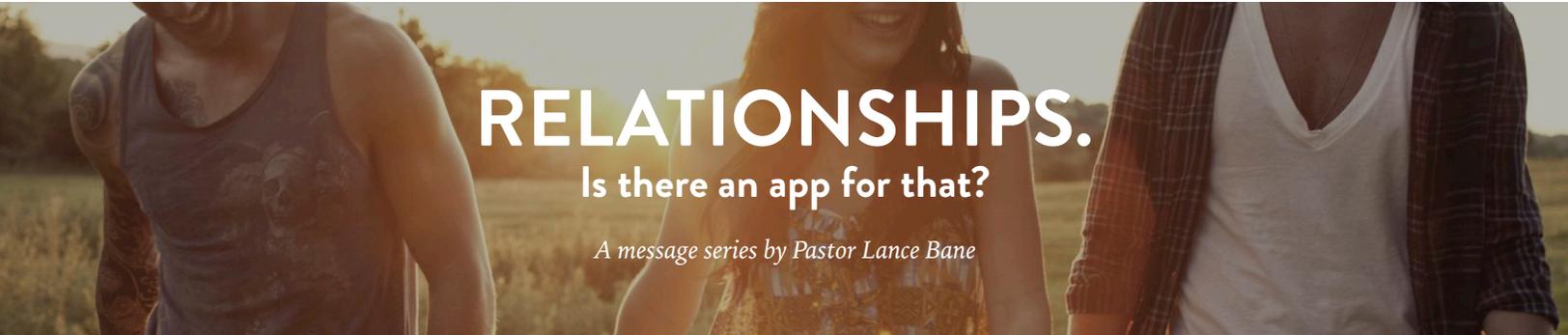
A message series by Pastor Lance Bane

NEXT STEPS:

1. Other than the questions Lance provided, write down some good questions that will help you assess the health of your relationships?
2. Describe what a healthy and powerful relationship looks like and then ask yourself, “what do I need to do to build these powerful relationships?”
3. Are you brave enough to show your broken heart or disappointments with your key relationships? If not, why not? If yes, when will you do that so you can get healing and reconciliation?
4. In what ways do you need to receive Jesus’ forgiveness, forgive yourself and forgive others?
5. How will you serve those in your key relationships who are not yet Christ followers or are not as passionate about their faith?

*SMART Goals:

- a. Specific - Can you state specifically what you are doing?
- b. Measurable - How can we measure this goal so we will know when you have reached it?
- c. Attainable - Is it within your capabilities and does it depend on you?
- d. Relevant - Do you care enough about this goal to make it a priority?
- e. Time Specific - It has a deadline.



RELATIONSHIPS.

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