

Bible Verses You Can Apply to Christian Emergency Preparedness

Genesis 41:34-36 - *Let Pharaoh take action to appoint overseers in charge of the land, and let him exact a fifth of the produce of the land of Egypt in the seven years of abundance. "Then let them gather all the food of these good years that are coming, and store up the grain for food in the cities under Pharaoh's authority, and let them guard it. "Let the food become as a reserve for the land for the seven years of famine which will occur in the land of Egypt, so that the land will not perish during the famine.*

Proverbs 6:6-8 - *Go to the ant, o sluggard, observe her ways and be wise, which, having no chief, officer or ruler, prepares her food in the summer and gathers her provision in the harvest.*

Proverbs 13:16 - *A wise man thinks ahead; a fool doesn't, and even brags about it!*

Ecclesiastes 11:2 - *Divide your portion to seven, or even to eight, for you do not know what misfortune may occur on the earth.*

Matthew 25:1-13 - *"Then the kingdom of heaven will be comparable to ten virgins, who took their lamps and went out to meet the bridegroom. Five of them were foolish, and five were prudent. For when the foolish took their lamps, they took no oil with them, but the prudent took oil in flasks along with their lamps. Now while the bridegroom was delaying, they all got drowsy and began to sleep. But at midnight there was a shout, 'Behold, the bridegroom! Come out to meet him.' Then all those virgins rose and trimmed their lamps. The foolish said to the prudent, 'Give us some of your oil, for our lamps are going out.' But the prudent answered, 'No, there will not be enough for us and you too; go instead to the dealers and buy some for yourselves.' And while they were going away to make the purchase, the bridegroom came, and those who were ready went in with him to the wedding feast; and the door was shut. Later the other virgins also came, saying, 'Lord, lord, open up for us.' But he answered, 'Truly I say to you, I do not know you.' Be on the alert then, for you do not know the day nor the hour."*

Proverbs 22:3 - *The prudent sees the evil and hides himself, but the naive go on, and are punished for it*



Compassion Response Team

EMERGENCY PREPAREDNESS BROCHURE

Gateway Christian Fellowship

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72 Hour Lightweight Bug Out Kits:

- Day 1:** Breakfast: 1 granola bar, 1 hot chocolate
Lunch: 2 beef jerky sticks, 1 boxed drink, stick of gum
Dinner: 1 can of tuna, 1 package of crackers Snack: 1 fruit snack
- Day 2:** Breakfast: 1 cereal bar, 1 hot chocolate
Lunch: Chef Boyardee, 1 package of crackers/cookies, stick of gum
Dinner: 1 package of soup, 1 beef jerky, 1 fruit snack, 1 package of crackers Snack: 3 lollipops
- Day 3:** Breakfast: 1 granola bar, 1 hot chocolate
Lunch: 1 package of soup, 1 package of crackers, 1 beef jerky, 1 stick of gum
Dinner: 1 can of Vienna sausage, 1 fruit snack Snack: 2 lollipops

Each kit requires 1 gallon of water per person per day. Try to fit in a lightweight backpack or something else easy to carry. We also suggest the following supplies: can opener, light weight cups and bowls, plastic utensils, blanket/sleeping bag, pencils/paper, nuts, chocolate, canned fruit, bandages/band aids, ointment.

Self-Preparedness: It is important to have our needs met before we can help others. Here is a list of recommended items so we are sure to be prepared.

- Charge electronics
- Make sure your propane grill is functioning and has a full tank
- Use LED lanterns rather than conventional flashlights
- Have extra batteries
- Cash
- Coolers
- Have cold packs all ready frozen (last longer than ice)
- Frozen sandbags hold cold very well
- Have bottled water on hand (both the 2.5 gal or liter bottles as well as personal size) needed for people with wells or if a water main breaks
- Have quick foods available (ramen soups, mac n'cheese, canned fruits/vegetables, etc.)
- Sufficient supply of medications for people and pets
- Keep gas in your car, at least a ½ tank or more. Use a gas can with stabilizer for storage.
- Powdered milk
- Fill the bathtub and/or cooking pots with water for toilet flushing, dishwashing and hand washing if using well water
- Use refrigerated foods that spoil quickly first (limit opening of doors). Takes 12-24 hours for fridge to re-chill
- Hand-crank battery-powered radio
- Heed warnings from emergency management broadcasts. Sign up at ct.gov/ctalert/
- Purell
- 5 Day Supply of items for imminent emergency situations
- If the emergency is a surprise situation, then the 72 hour kit is essential
- Have hand and feet warmers on hand and sleeping bags
- Copies of credit cards and important paperwork
- Several months of food storage is recommended for long-term storage
- Bring in solar yard lights for lighting

IMPORTANT WEBSITES!

<http://www.ready.gov/>
<http://www.ready.gov/hurricanes>
<http://www.ready.gov/terrorist-hazards>
<http://www.ready.gov/caring-animals>
http://www.ready.gov/sites/default/files/documents/files/PrinterFriendly_PetOwners%5B1%5D.pdf
http://www.ct.gov/dph/lib/dph/communications/preparedness/emer_prep_guide_final.pdf
<http://www.bt.cdc.gov/preparedness/>
<http://www.bt.cdc.gov/preparedness/kit/disasters/>
<http://www.bt.cdc.gov/preparedness/kit/water/>
<http://www.bt.cdc.gov/preparedness/kit/food/>
<http://www.bt.cdc.gov/preparedness/plan/> - family disaster plan
<http://www.bt.cdc.gov/preparedness/shelter/home/> - shelter in place
<http://www.bt.cdc.gov/preparedness/shelter/vehicle/>
<http://www.bt.cdc.gov/preparedness/shelter/work/>
<http://www.bt.cdc.gov/disasters/>
<http://www.bt.cdc.gov/disasters/hurricanes/pdf/readiness.pdf>
<http://www.fda.gov/Food/ResourcesForYou/Consumers/ucm076881.htm>
<http://www.survivalcenter.com/aboutus.html>
<http://www.survival-supply.com/> - Emergency supplies, kits and food.
<http://www.heatermeals.com/> - Self-heating meals.
<http://www.preparewise.com/best-value-food-storage.html>
<http://beprepared.com/#default> - Supplies and gear.
<http://www.rural-revolution.com/2010/12/bug-out-bags.html>
<https://www.yourphlife.com/filtered-water-products+> - Filters water from rivers, lakes, etc.

*** Everyone should access their own city websites for important info such as emergency numbers and a section on Emergency Preparedness. You can find this info by going to ct.gov and click on **Towns and Cities** in the upper left hand corner.**

FIRST PREPARE YOURSELF!

"For God so loved the world that He gave His only begotten son that whosoever believeth in Him shall not perish but have eternal life."

John 3:16 KJV

"Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness, and having shod your feet with the preparation of the Gospel of peace." **Ephesians 6:14-15—NKJV**